

STARS LEVELS

The Stars in the Tennis Academy represent the level of Knowledge, Training, Success, and Etiquette a player has achieved in tennis.

The **STARS** represent our **Standardized Tennis Advancement Ranking System**



New Star

These players are beginners in the STARS Academy and new to the game of tennis. They require an encouraging environment where they can work on racquet to ball contact and can learn some of the basics of the game while having fun.

Junior ages typically 5 - 10 / QuickStart Program / Adult Beginner Level / USTA equivalent 0 - 2.0 / SSV equivalent 0 - 59



One Star (White)

These players have a basic understanding of the game of tennis. They know court area names, parts of the racquet, types of basic shots (groundstrokes, volleys, and serves) and the ability to demonstrate them. Rally experience is also required. Recreational match play is being introduced to these players.

Junior Ages typically 7 - 12 / Adult Beginner / Low Intermediate Level / USTA equivalent 2.0 - 2.5 / SSV equivalent 60 - 79



Two Star (Silver)

These players have passed all areas of the 1 and 2 star player tests and are ready for novice tournament play or league play. They are capable of overhand serves, volleying, and rallying from the baseline with forehands and backhands for at least 10 times one bounce only. They know and can demonstrate some of the spin types like topspin and slice. They must also have knowledge in score keeping and can play both singles and doubles.

Junior Ages typically 11 - 15 / Adult Intermediate Level / USTA equivalent 2.5 - 3.0 / SSV equivalent 80 - 99



Three Star (Gold)

These players have completed the requirements for single and double star tests and are ready to set some lofty goals. They are familiar with most of the shots and game types in tennis. Junior players are often playing intermediate satellite tournaments and are gearing up for High School team tennis at Junior Varsity or even Varsity level. They can create all the spin types on their shots and can rally for 15 exchanges in a row from the baseline. These players have a defined style of match play.

Junior Ages typically 12 - 16 / Adult Advanced Level / USTA equivalent 3.0 - 4.0 / SSV equivalent 100 - 129



Four Star (Green)

These players have passed STARS tests 1 through 4 and often play sanctioned tournaments and league matches. Junior players may either have a USTA (United States Tennis Association) ranking or play on a High School Varsity Tennis team. They can demonstrate excellent shot technique and have a need to focus their energies on match based situations for both doubles and singles. They can rally from the baseline for 20 exchanges in a row.

Junior Ages typically 15+ / Adult Tournament Level / USTA equivalent 4.0 - 4.5 / SSV equivalent 130 - 159



Five Star (Black)

These players are of the highest caliber. They have played and been instructed for years in the game. They play regular tournaments, and have achieved either a USTA ranking and/or are playing on their Varsity team. These players are anticipating playing College Tennis and play Open tournaments or have had previous College and tournament success.

Junior Ages typically 16+ / Adult College or Tournament Open Level / USTA equivalent 4.5 - 5.0+ / SSV equivalent 160 - 200